

Horse Racing Trainers

by

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In practise advice books, like anything else in life, offers no guarantees of income made. Readers are cautioned to rely on their own judgement about their individual circumstances and to act accordingly.

Note :

Thank you for purchasing my eBook called Horse Racing Trainers. I hope it brings you enjoyment and more importantly medium to long term profit. This is a very difficult sport in which to make a profit from, but I'd like to think that the angle I approach horse racing gives you a distinct advantage over approximately **90%** of the betting public.

You've probably seen the nonsense both offline and online about "holy grail" and "rags to riches" and they're total BS to be honest. If it were that easy to make a guaranteed profit from this business then, every one would be doing it, the market would dry up and the bookies would be out of business. My advice with this is to **STAY AWAY** from these sort of promises.

If you do want join the **5 – 10%** of betting punters who make a long term profit in this sport then, I think you've come to the right place. Just follow the correct trainers, look for the minimum odds to be met and use about **2%** of your betting bank for each selection. This should serve you well going forward.

If you want to make the most of free bet offers from the bookies then, check out this website. Showing how to do it correctly. Click [here](#).

Horse Racing like any other betting medium requires study and proper analysis. Yes, you can get lucky without it and win a few bets at the beginning of your journey, but try relying on that for the medium to longer term and you'll find out how costly that can be!

Contrary to what you may think or have been told, you DON'T need to be an expert in either horse racing or the betting markets in order to make a long term profit. What you need are the essential ingredients and bring them all together to create a winning type of formula.

The first thing you need to have is a system or route to market in which you can rely on and one which gives you confidence and not one that you feel like changing every two weeks. Good filters will give you a nice feeling with each bet you place and should make a difference in a good way towards your future betting bank. Another area and one which must be adhered to is sound money management. You should only place a small percentage of your betting bank on any selection regardless of the odds and the money should be separate from the money you need to live on (food, bills, rent). The final and most important piece of the whole process is discipline. If you don't have that then, the first two components will not be of much use. You need to follow your the rules regardless of how your previous bets have faired. The emotional side is the one in which to have to learn and has to come from within. There's no bigger test than having real money on the table and how you're going to react to it.

OK, we've got that part out of the road, so it's now time to get to the "meat and potatoes" of this manual and that's to have a system in place. I've always placed a strong emphasis on certain horse racing trainers and how some of them do really well at certain race courses.

Why is that you may ask?

The single most important factor for me and from what people have told me is the course characteristics. Horses just like humans perform better in certain conditions and I'm not just talking about the weather (which we can't control). I'm referring to their training and how that may match with a certain race course. If a horse is trained on ground which is flat then, they'll usually prefer a course which has that characteristic, whereas, if its trained on a course which had undulations then, it'll probably perform better on a likewise course. There's also left and right hand turns to think about, as some horses turn better in a certain direction, so attention has to be paid to this.

I don't know why a lot of the horse racing betting fraternity choose to ignore this crucial part of the betting jigsaw – its puzzling? Think of it from your own point of view. If you were taking part in a running event which had a lot of slopes and mainly involved right hand turns, how would you train for that event? Exactly, you would pick something which resembled those

characteristics. This is NO different for our four legged friends and how they perform better or worse in certain courses and leaves a lot of punters mystified, but now you have a basic understanding as to why this is.

OK, we've hopefully established the course form part and why certain trainers do better than others, but we have to find a niche area or something which will help enable you to make a medium to long term profit. The first thing we want to look at the list of trainers, both for national hunt and flat type races. I only deal with UK mainland turf meetings, so all of my analysis is based on that and not on the all weather or Irish or Dubai meetings.

In order to find your potential betting selections you would go to the [Racing Post](http://www.racingpost.com) website which is the bible for horse racing punters.

The key bit of information on the site is called the “**Seasonal Stats**” and you'd find that by scrolling down the homepage and by selecting either “**Leading Jump Trainers**” or **Leading Flat Trainers**”.

Seasonal Stats	
TOP TEN (GB CURRENT SEASON)	
Leading Jump Trainers ▼	
TRAINERS	£ TOTAL PRIZE
Paul Nicholls	136,679
Philip Hobbs	128,699
Alan King	101,101
Nicky Henderson	100,804
David Pipe	96,754
Neil Mulholland	92,324
Peter Bowen	85,997
Tom George	84,929
Jonjo O'Neill	81,797
Donald McCain	77,465

From there you'd click on the individual name of each trainer and look through their course record. You're looking for at least **5** races on a specific course for your analysis and a win percentage of over **40%**. Look at the trainers and their course stats over the season whether it be on flat ground or over NH and over obstacles – hurdle and chase.

The first trainer we look at is the popular **Paul Nicholls**. From the screenshot below we can see he has decent + points at the **Ayr** racecourse in Scotland for 2015/16 season for 6 **Chase** races (**50%**) and for **Carlisle** over 5 **Chase** races its **60%**. I've used this, as we are still in the UK flat season and although NH racing takes place throughout the year, it doesn't officially start until early October.

LAST 14 DAYS HORSES STATISTICS						
GB Jumps ▼		2015-16 ▼		Course ▼		Filter results
COURSE	OVERALL GB JUMPS			CHASE ▼		PRC
Aintree	1-29	3%	-21.00	1-18		6%
Ascot	5-34	15%	-14.38	4-18		22%
Ayr ●	4-11	36%	+19.75	3-6 ●		50%
Bangor-On-Dee	0-1	—	-1.00	0-1		—
Carlisle ●	4-6	67%	+5.95	3-5 ●		60%

So for future reference what you'd be looking for is a **Paul Nicholls** trained horse racing at **Ayr** over fences or a Chase. I will make a complete list of the trainers, the relevant courses and the type of race further on in the eBook. I'm always looking for a win percentage of at least **40%** for any potential selection and at least **5** races of that specific requirement (course type) in order to give credence to the bet.

The next two for **Paul Nicholls** are **Fontwell** and **Haydock** both over fences and with win rates of **80%** and **40%** respectively. The only negative thing from a betting perspective when it comes to betting on a Paul Nicholls trainer horse or any other high profile trainer is the odds. It can be quite difficult in getting much value from these selections, as some punters blindly back them due to this, so please bare that in mind for future reference.

Fakenham	1-3	33%	+0.25	1-3	33%
Ffos Las	0-1	—	-1.00	0-0	—
Fontwell	6-9	67%	+3.98	4-5	80%
Haydock	4-12	33%	+1.16	2-5	40%

The following two are also over fences (Chase) and are at **Kelso** and **Worcester** with both having a **40%** win percentage.

Kelso	4-7	57%	+3.91	2-5	40%
Kempton	4-38	11%	-12.15	2-18	11%

Wetherby	0-4	—	-4.00	0-3	—
Wincanton	18-49	37%	+7.03	2-13	15%
Worcester	3-8	38%	-0.63	2-5	40%

The next three Paul Nicholls locations are over Hurdles and are at **Exeter**, **Newton Abbot** and **Wincanton** with win percentages of **41%**, **44%** and **43%** respectively.

Exeter	8-29	28%	-13.57	7-17	41%
Fakenham	1-3	33%	+0.25	0-0	—
Ffos Las	0-1	—	-1.00	0-1	—

Newcastle	0-2	—	-2.00	0-1	—
Newton Abbot	8-27	30%	-6.43	4-9	44%
Perth	1-2	50%	+2.50	0-0	—

Wetherby	0-4	—	-4.00	0-1	—
Wincanton	18-49	37%	+7.03	12-28	43%

To recap for the trainer **Paul Nicholls** you would be looking to place a potential bet on the following race courses.

Chase meetings >>

Ayr ~ Carlisle ~ Fontwell ~ Haydock ~ Kelso ~ Worcester

Hurdle meetings >>

Exeter ~ Newton Abbot ~ Wincanton

I will have a complete list of trainers, courses and race types further on in this manual.

The next trainer we look at is the popular NH trainer **Philip Hobbs**. From the screenshot below we can see that he has a **55%** record at **Stratford** over fences or **Chase** meetings.

Southwell	0-5	—	-5.00	0-1	—
Stratford	6-14	43%	+19.88	6-11	55%
Taunton	5-27	19%	-3.00	1-5	20%
Taunton	1-2	22%	+0.75	0-0	

The next **Philip Hobbs** screenshot is for Hurdle meetings. He has a **40%** win rate at **Chepstow** and also a **40%** at **Wetherby**.

Cheltenham	6-55	11%	+4.91	1-21	5%
Chepstow	4-24	17%	-6.25	4-10	40%
Doncaster	1-4	25%	-1.00	1-3	33%

Warwick	6-18	33%	+4.27	2-8	25%
Wetherby	3-8	38%	-0.97	2-5	40%
Wincanton	6-23	26%	-1.92	3-13	23%

To recap for the trainer **Philip Hobbs** you would be looking to place a potential bet on the following race courses.

Chase meetings >>

Stratford

Hurdle meetings >>

Chepstow ~ Wetherby

One filters to add to this process are that the odds are **2/1** or above or at least **3.0** if you like using decimal odds in the betting exchanges like Betfair.

- 1.Trainer
- 2.Course
- 3.Race Type
- 4.Win %
- 5.Odds

Number one we know which trainer you're looking at, the course in question, which type of race it is, win % exceeds **40%** and the odds are above even.

Seasonal Stats



TOP TEN (GB CURRENT SEASON)
Leading Flat Trainers ▾

TRAINERS	£ TOTAL PRIZE
A P O'Brien	2,684,895
John Gosden	1,350,179
Richard Fahey	1,278,527
Richard Hannon	1,218,928
Roger Varian	1,215,028
Clive Cox	998,372
Sir Michael Stoute	995,117
Hugo Palmer	970,134
Mark Johnston	945,602
D K Weld	889,715

>> Full Seasonal Statistics page

You can find all of this free information from the Racing Post website in order to find your potential selections. For more information click [here](#).

For the next example I'll use a trainer who is involved with flat racing and for UK turf meetings only.

LAST 14 DAYS HORSES STATISTICS

GB Flat ▾ Last 5 Seasons ▾ Course ▾ Filter results

COURSE	OVERALL GB FLAT		
Ascot	30-186	16%	+13.57
Ayr	0-1	—	-1.00
Bath	2-10	20%	-1.50

2YO ▾
4-22
0-1
0-0

We'll select **John Gosden** for this and check the qualifying stats. He has a **40%** at **Haydock** for **2yo** horses.

The next course for **2yo's** is **Windsor** with a **60%** success rate. There are a couple of more options with flat racing in that, you have a **2yo**, **3yo** and **4yo+** to check which represents the age of the horse. See the first screenshot attachment for the drop down menu of horse age.

Haydock	6-18	33%	-0.32	4-10	40%
Kempton (A.W)	13-47	28%	+18.31	7-28	25%
Leicester	1-15	7%	-11.00	1-6	17%

Wetherby	1-1	100%	+6.00	0-0	—
Windsor	6-14	43%	+6.45	3-5	60%

The next example is also for **John Gosden** on **4yo+** horses.

At **Salisbury** he has a win percentage of **57%** and **40%** at **Yarmouth**. You'll notice that there are two other courses which you may think should qualify, but both are all weather and therefore DON'T form part of the analysis.

Salisbury	11-48	23%	+20.89	4-7	57%
Sandown	30-138	22%	-19.07	8-25	32%
Southwell (A.W)	9-21	43%	-1.24	3-5	60%
Thirsk	0-2	—	-2.00	0-0	—
Warwick	0-2	—	-2.00	0-1	—
Wetherby	1-1	100%	+6.00	0-0	—
Windsor	13-76	17%	-20.15	0-13	—
Wolverhampton (A.W)	46-129	36%	-0.87	4-9	44%
Yarmouth	12-50	24%	-16.84	2-5	40%
York	17-71	24%	+21.59	5-31	16%

To recap for the trainer **John Gosden** you would be looking to place a potential bet on the following race courses.

Flat **2yo** horses >>

Haydock ~ Windsor

Flat **3yo** horses

Doncaster ~ Epsom ~ York

Flat **4yo+** horses >>

Salisbury ~ Yarmouth

The next flat trainer we'll select is **Richard Fahey** and check the qualifying stats. He has a **50%** record for the **Newmarket (July)** course for his **2yo** horses. Please note there are two listings for this course, so make sure it has July next to it when you're doing your analysis.

COURSE	OVERALL GB FLAT				
Ascot	3-39	8%	-14.50	ZYO 0-4	PF

Newmarket	5-49	10%	-4.50	1-10	10%
Newmarket (July)	10-45	22%	+41.75	3-6	50%
Nottingham	8-42	19%	+14.20	2-10	20%

The next example is again for **Richard Fahey** and his **4yo+** horses. From the example below we can see he has a **40%** at **Pontefract**.

Nottingham	8-42	19%	+14.20	0-10	—
Pontefract	12-54	22%	-2.13	4-10	40%
Redcar	10-62	16%	-28.37	3-17	18%

Below is the magical list of trainers, courses and race types to look for when placing your future bets.

NH Trainer Meetings

Paul Nicholls – Chase

Ayr

Carlisle

Fontwell

Haydock

Kelso

Worcester

Paul Nicholls – Hurdle

Exeter

Newton Abbot

Wincanton

Philip Hobbs – Chase

Stratford

Philip Hobbs – Hurdle

Chepstow

Wetherby

Charlie Longsdon – Chase

Chepstow

Uttoxeter

David Pipe – Chase

Leicester

David Pipe – Hurdle

Perth

Nicky Henderson – Chase

Doncaster

Kempton

Nicky Henderson – Hurdle

Worcester

Alan King – Chase

Doncaster

Alan King – Chase

Doncaster

Plumpton

Peter Bowen – Hurdle

Southwell

Neil Mulholland - Chase

Market Rasen

Sandown

Neil Mulholland – Hurdle

Fakenham

Tom George – Hurdle

Southwell

Flat Trainer Meetings

John Gosden - 2yo horses

Haydock

Windsor

John Gosden – 3yo horses

Doncaster

Epsom

York

John Gosden – 4yo+ horses

Salisbury

Sandown

Richard Fahey – 2yo horses

Newmarket (July)

Richard Fahey – 4yo+ horses

Pontefract

Richard Hannon – 2yo horses

Chepstow

Ffos Las

Richard Hannon – 3yo horses

Bath

Roger Varian – 2yo horses

Beverley

Roger Varian – 3yo horses

Catterick

Chepstow

Folkestone

Charlie Appleby – 2yo horses

Redcar

Charlie Appleby – 2yo horses

Pontefract

Clive Cox – 3yo horses

Epsom

Ffos Las

Sir Michael Stoute – 2yo horses

Newbury

Sir Michael Stoute – 3yo horses

Bath

Haydock

Leicester

Mark Johnston – 2yo horses

Beverley

Ripon (see example below)

Mark Johnston – 3yo horses

Leicester

The screenshot below is what a race meeting card looks like on the Racing Post website and that's where you'll find your potential betting selections. For the purpose of this exercise we'll open the **7:15** meeting at **Beverley** which is a flat meeting on the turf.



BEVERLEY RUK

[MEETING INFO](#) [COURSE MAP](#) [STATISTICS](#) [FAVOURITES](#) [SIGNPOSTS](#) [STANDARD TIMES](#) [PRINT-OUTS](#)

GOING: GOOD (Good to soft in places). (Scattered showers)

STALLS: Inside

- 6:15 Ice And Easy Frozen Alcoholic Slushies Selling Stakes Cl6 7f100y » Card »
- 6:45 Jackson's Yorkshire Champion Bread EBF Novice Stakes (Plus 10 Race) Cl4 5f » Card »
- 7:15 Aunt Bessie's Handicap Cl4 7f100y » Card »
- 7:45 Hodgson Sealants Handicap Cl5 1m100y » Card »
- 8:15 Steve Fenwick (Regy) Memorial Beverley Middle Distance Series Handicap Cl6 1m4f16y » Card »
- 8:45 Ferguson Fawsitt Arms Handicap Cl6 5f » Card »

[» Show all racecards for this meeting on one page](#)

The example below should you a flat race meeting for **Beverley** for **3yo+** horses, so if the trainer had horses with a good record at this course for their **3yo** horses then, you would check the age of the horse. The screenshot below highlights three horses which are of that age.

<< **7:15** >>

Beverley

FRIDAY 01 JULY 2016

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[PRINT OUTS](#)
[CARDS HELP](#)

AUNT BESSIE'S HANDICAP (CLASS 4) (3yo+ 0-80)

Winner: **£5,041** Runners: **10** **£1100y** Going: **Good** Channel: **RUK**

£8,000 guaranteed For 3yo+ Rated 61-80 (also open to such horses rated 60 and below) **Weights** highest weight: 4yo+ 10st; 3yo 9st 6lb **Minimum weight** 8-9, 3-y-o 8-1 **Penalties** after June 18th, each race won 6lb **Shouranour's Handicap Mark 81 Entries** 19 pay £ 40 **Penalty value 1st** £5,040.80 **2nd** £1,508.80 **3rd** £754.40 **4th** £377.60 **5th** £188.00

Standard

At-a-Glance

Compare Odds

Latest Shows

SELECT YOUR BOOKMAKER

NO.	DRAW	HORSE	AGE	WGT	JOCKEY	TS	RPR	ODDS
FORM				OR	TRAINER RTF%			
1 ² 759001		SHOURANOUR 6x b <small>4</small>	6	10-1 81	Josh Doyle ⁵ Alan Brown ⁶⁷	54	88	10
2 ⁵ 70-733		SPRYT v <small>19</small>	4	9-12 78	Daniel Tudhope David O'Meara ⁴⁶	77	87	9
3 ³ 0-0570		PURPLE ROCK t <small>21</small>	4	9-10 76	Nathan Evans ⁵ Michael Easterby ⁴⁸	66	87	20
4 ⁶ 51641		VICTOIRE DE LYPHAR 6x e/s <small>7</small>	9	9-10 76	James Sullivan Ruth Carr ⁷³	76	86	8
5 ¹⁰ 583241		LAWYER <small>15</small>	5	9-7 73	- David Barron ³³	71	87	No betting
6 ⁴ 7-3230		SOVEREIGN BOUNTY <small>9</small>	4	9-6 72	Jack Garritty Jedd O'Keeffe ⁵⁵	78	85	11
7 ⁸ 312-00		SHOW ME AGAIN <small>27</small>	3	9-6 80	- David Dennis ⁵⁰	30	89	No betting
8 ⁷ 19-055		WORLDS HIS OYSTER <small>13</small>	3	9-3 77	- John Quinn ⁴⁷	69	91	No betting
9 ¹ 5-6482		RELIGHT MY FIRE p <small>10</small>	6	9-0 66	David Allan Tim Easterby ⁵⁰	76	91	9
10 ⁹ 31641		VISCOUNT BARFIELD h <small>7</small>	3	8-13 73	David Probert Andrew Balding ⁷¹	88	94	4/6

It always mystifies me as to why people tend to follow hype or look at the wrong information. There is still loads of solid and free horse racing information which you can find from the Racing Post, Sporting Life or Betfair websites and from there you can make an informed choice.

Following tipsters is a proven way in which to end up in the poor house. Ask yourself this, why do you think they work for a newspaper and/or related websites instead of betting themselves and making a decent living from it? Exactly, they would lose money in the medium to long term and net net, they'd be skint!

The example below gives you a perfect example of a betting opportunity. **Mark Johnston 2yo** horse at **Ripon** and odds of **11/4** or **3.75**.

6:45

MONDAY, 04 JULY 2016

[VIEW IN ORGANISER](#)
[PRINT OUTS](#)
[CARDS HELP](#)

KIRKGATE MAIDEN AUCTION FILLIES' STAKES (Plus 10 Race) (CLASS 5) (2yo)

Winner: **£2,911** Runners: **13** Distance: **6f** Going: **Good** Channel: **ATR**

£4,500 guaranteed For 2yo sold or bought in as yearlings by public auction at 'specified sales', or as 2yo up to and including May 31st, 2016, for £17000 or less before July 1st, 2015, or for £20000 or less after June 30th, 2015 (The last sale to govern the price if sold more than once) **Weights** 9st **Entries** 24 pay £ 18 **Penalty value** 1st £2,911.05 2nd £866.25 3rd £432.90 4th £216.45

Standard

At-a-Glance

Compare Odds

Latest Shows

SELECT YOUR BOOKMAKER

NO.	DRAW	HORSE	AGE	WGT OR	JOCKEY	TS	RPR	ODDS
FORM					TRAINER RTP%			
1 ¹² 7		BEAU STRATA 15	2	9-0	Andrew Mullen Clive Mulhall 50	—	63	66
2 ¹¹		DYNA MIGHT 15	2	9-0	Robert Dodsworth 7 Ollie Pears 71	—	—	33
3 ⁵ 43		LA CASA TARIFA 32	2	9-0	Franny Norton Mark Johnston 47	78	82	11/4
4 ¹³ 42		LOCAL ARTIST 21	2	9-0	Jason Hart John Quinn 53	65	84	7/4
5 ⁹ 8		LUCY'S LAW 18	2	9-0	Andrew Elliott Tom Tate 100	—	38	66
6 ¹ 00		MISS ISLAND RULER 11	2	9-0	Tim Clark 3 Shaun Harris 25	—	—	100
7 ¹⁰		MYLLACHY 15	2	9-0	David Allan Tim Easterby 58	—	—	10
8 ⁴ 5		PARTY NIGHTS 25	2	9-0	Pat Cosgrave Luca Cumani 44	45	74	6
9 ²		SADIEROSECLIFFORD 15	2	9-0	Simon Pearce 3 Lydia Pearce 50	—	—	50
10 ⁸ 5		SEDUCE ME 20	2	9-0	Joey Haynes K R Burke 46	41	72	5
11 ⁷ 5		SPANISH BEAUTY 18	2	9-0	Jacob Butterfield 3 Ollie Pears 71	20	62	25
12 ³ 7		TAEL O' GOLD 19	2	9-0	Royston Ffrench Iain Jardine 42	48	63	20
13 ⁶ 7		WHISPER A WORD 35	2	9-0	Duran Fentiman Tim Easterby 58	28	61	33

Having a solid system in place is usually always a good thing, as its something you can hang your hat on and build structure, but the important cogs in the wheel are money management and financial discipline. Having a sensible amount of money which should be separate your living money for bills and food is essential, as you don't want to put unwanted pressure on yourself and make bad choices out of desperation.

I always recommend starting off with a betting bank of at least **£200** and only stake about **2%** of your existing betting bank, so your first bet based on the above should be **£4**. The other thing and most important part of the whole process is discipline. That's something I can't give you and has to be learnt by yourself. The one thing you'll always find is that, when there's real money on the table your attitude towards it and risk changes and from there you learn a lot more about yourself and how you are when there's real money on the table.

Potential selections will take you about **15** minutes to find. This requires you to open up the relevant race meetings and look at any of the relevant trainers on the list against what's on the Racing post website and if the minimum odds are met.

Q and A

Q. If the odds on a specific horse are slightly less than the accepted minimum odds of 2/1 (fractional) or 3.0 (decimal) can you still place a bet?

A. In short NO. There has to be a cut off point and in order to get value you should always stick with those minimum odds.

Q. Can I apply this methodology to Irish and/or All Weather UK meetings?

A. No. The analysis is based on UK mainland flat and NH turf meetings.

Q. Is there a limit to the amount of horses on a race for a potential selection?

A. No, so long as its the correct racecourse and the odds are met.

Q. What is the quickest way in building my betting bank?

A. Sticking with the system know matter what and compounding your profits.

Checklist

Before making any future betting selection, please make sure you the following are met.

- 1.UK mainland turf meeting
- 2.Trainer course meeting is correct
- 3.Minimum odds of **3.0** are met
- 4.Approximately **2%** of betting bank per bet

If you don't have a Betfair account then, you can get one by clicking **[here](#)**.

A good place for listening to the races and excellent punditry is **Timeform** radio via the **Betfair** platform. For more information click [here](#).

It is always my intention in getting the best from the shark-infested waters on the horse racing markets. Looking at information that your average punter WON'T be looking at or they don't think plays at part. You're always aiming at a profitable angle and the trainer course form approach (if used correctly) is an excellent way in which to get the most from each betting selection and give you confidence with your bets.

If you need any assistance with regards to this digital manual then, please don't hesitate in contacting me at the email address below.

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All the Best

Mark Boyle

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